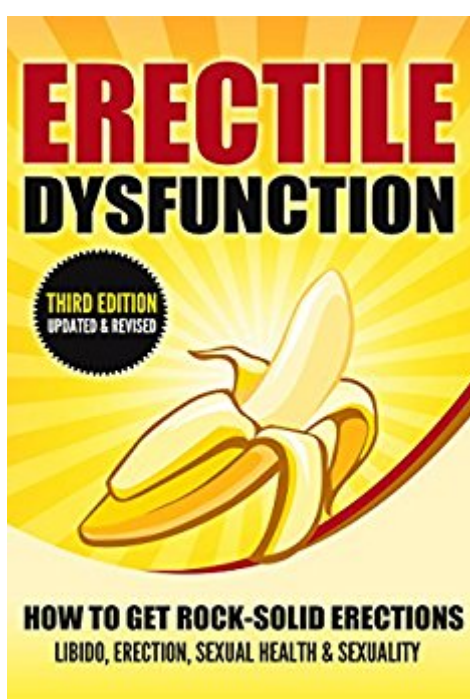


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# **ERECTILE DYSFUNCTION: How To Get Rock-Solid Erections - Libido, Erection, Sexual Health & Sexuality (Prostate, ED, Testosterone, Kegel, Performance Anxiety, Premature Ejaculation, Orgasm)**



## Synopsis

PLEASE NOTE: You DON'T need a Kindle to buy this book. It's available for immediate reading with your virtual cloud reader. **A Book That Actually Teaches You How to Combat ED? Yes - This book can give you the help you need!** Erectile Dysfunction helps you understand what ED is and what causes it. You'll discover the various types, symptoms, and risk factors of this difficult and embarrassing condition. This book also provides a simple 6-question self-test which can help you determine if your inability to get an erection is a mental or a physical issue. When you download **Erectile Dysfunction**, you'll learn about 8 Powerful Solutions to your condition: Changing Your Lifestyle, Improving Your Food and Diet, Using Herbal Supplements, Taking All the Vitamins You Need, Focusing on Exercise and Fitness, Practicing Yoga, Trying Homeopathic Medicines, Undertaking Hypnotherapy. ED, or male impotence, can happen to men of any age. It's time to face this problem head-on and get the help you need. As the book says, "There's more to being a man than maintaining an erection." Let this helpful guide show you the many ways to reclaim your manhood and defeat ED! Download your copy right of **Erectile Dysfunction** right away! You'll be so glad you did!

## Book Information

File Size: 1578 KB

Print Length: 208 pages

Simultaneous Device Usage: Unlimited

Publication Date: January 20, 2014

Sold by: Â Digital Services LLC

Language: English

ASIN: B00GSDZ4E0

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #176,584 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #16

inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Prostate Disease

#360 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Sex #923 inÂ Books >

Self-Help > Sex

## Customer Reviews

Erectile dysfunction is an issue that might seem insignificant on the surface, yet can come with a host of serious psychological problems. It's not that you can't satisfy your women anymore, it's that you feel like less of a man. This book addresses both issues physical and mental which is paramount to overcoming and dealing with ED. With the provided strategies and patience, anyone can overcome erectile dysfunction or at the very least find a working solution or treatment. While ED symptoms might look the same for everyone, there're many causes. From mental over stimulation to physical issues preventing proper blood flow to the penile area. It would take too long to explain here - all of that inside the book. Focus lies on effective and cheap (often times free) solutions to curing ED, many of them can be applied immediately. That's exactly what you're looking to hear when you buy such a book!

I'm just not convinced Cialis or Viagra is the way to go for a better erection, and they are both expensive. I was looking for something more natural based and The Erectile Dysfunction Cure is full of natural remedies and good advise on how to stay healthy and keep it working. Glad to have found this book on ED. You won't feel talked down to or shy about ED here. It is worth a read for any guy looking for natural ways to keep his heart, body and member strong.

It's not limited to just older men, but sometimes younger men can have it too. This book does a great job of addressing the issue's causes. It might be difficult for some, because the book does personally address you, as a reader, what may be causing the issue. But the remedies are just as effective. It's great that this author doesn't address just the conventional cures, but the natural and herbal ones too.

This book is a useless piece of junk. It's like a summary of useless advises taken from the internet but no insight into any of those advises.. No method, no treatment plan, no proof of any kind. If you want to last longer, this book said nothing about it. If you have erection problem, this book tell you to eat healthy, live healthy, get rid of all bad habits. Basically become a saint and then hopefully you can get an erection.

Having suffered ED on and off for the past few years (possible low testosterone?) I purchased this book and I'm glad I did! It contains actionable steps I've begun to implement to overcome this embarrassing issue in the bedroom.

This book is a quick read and contains a lot of information which touches the surface of ED problems without going into a lot of detail. Some reviews will state that a lot of this information can be gleaned from the internet. That is true but this book makes for a great reference/starting point for additional research on your part. I even found some information that isn't contained in other books I've read on the subject. By the way I am not related to the author even though we share the same last name.

I was happy to see other good reviews for this book, because it's not a topic that a lot of people (especially men) are willing to talk about very often. Michael J. Howard did a good job of being straightforward and honest about erectile dysfunction. He has so many different cures and treatments that don't involve expensive medication, including special oils and even exercise! Truthful and eye-opening about the physical and psychological aspects of the problem.

Personally I haven't had to deal with this issue in my life but was really curious about this title. I know friends who suffer from this problem due to different reasons and have to admit it was an eye opener for me when I read this book. Diet and regular exercise are fundamental here but it's interesting that homeopathy can be of great help as well. A great introduction to a few issues men have in their daily life. In the end I believe it's all in your head but if you can help yourself with a different approach without having to take drugs, I believe it's your best bet. Great and entertaining read

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